

Small Group FAQ

We believe that faith grows in community, and a circle of friends is where that can happen. Small group friends get together to discuss the readings, reflections and discussion questions.

What is a Small Group?

There are 3 to 12 people in a group which may be made up of friends, family, coworkers and fellow parishioners. Small groups meet in homes, workplaces or anywhere you can gather together.

How long is it?

The groups meet once a week for 90 minutes starting the week of Feb. 14.

What takes place in a small group?

Groups gather to discuss the readings each week, followed by questions for discussion led by the Host. It's a fun, relaxing way to learn more about our faith in a comfortable environment.

What is a Host?

The key to the success of the small-group Lenten series are the hosts. Hosting this series is just saying *yes* and taking action because everything has been planned for you. *Yes* to inviting friends or acquaintances to celebrate Lent as never before. *Yes* to opening your home or coordinating a place to meet. *Yes* to following the curriculum chosen by the St. Matthew Small Group Planning Team.

No special training is needed to be a host; however Small Group Coaches are available to train new hosts or hosts who would like someone to bounce ideas off of. Host training is recommended for new hosts. This series has been designed to be easy to follow. Either the host can facilitate each week or someone different each time...you decide. [Click here to host a group.](#)

How do I get started?

The first step is to decide who will join your group. Most groups have indicated that they will be made up of family, friends or acquaintances. We also encourage you to reach out to those with whom you are not familiar. It could be an acquaintance or maybe someone you share a pew with and have not had the opportunity to get to know. It could also be someone God is asking you to reach out and include. The Lenten series is a wonderful opportunity to grow in your faith with friends both old and new. If you do not want to be a host, that is fine too. As signups begin, groups will have open seats, and we will help you find a group. [\(click here\)](#)

We encourage you to prayerfully consider inviting someone you do not know to join your group...perhaps a new Lenten friend.

If you have further questions, email anyone on the Small Group Planning Team or call 704-543-7677 x 1193. A member of our small group team will respond as soon as possible.