



## Confirmation Saint Report

### *Choose a Confirmation Name*

The tradition of selecting a Confirmation name dates back to pre-Vatican II times. At that time in Church history, confirmation candidates were encouraged to take on the name and characteristics of a saint of their choosing. As Catholics, we know the power of having Mary and the saints pray for us. Many saints are patrons of different things, which means they are special protectors or supporters of certain causes. You may decide on a saint based upon what they are the patron saint of, but regardless of how you decide, they become the patron of YOU! That means they will be looking out for you in a special way your entire life.

**Choosing a saint and taking on their name is not just one more thing you “*have to do*” to be Confirmed, but rather a big part of this important step in your life and a reflection of the beauty and depth of your Catholic faith.** So, please take some time, put some thought and prayer into it, and find a saint YOU really make a connection with.

Note: The Church also allows candidates to keep the name given to them at Baptism, since part of the Rite of Confirmation call for the renewal of baptismal vows parents made on behalf of their infant children. *If you decide on this choice, you still must submit a report.*

Your chosen Confirmation name is the name that will be entered into the Church records. It is also the name the bishop will use when anointing you with chrism oil at your Confirmation.

Write, in your own words, a one page (250-300) word essay about the life of your saint, including feast day and why you selected this particular saint. Cite your source, do not copy and paste. How does your saint impact your life or what causes you to want to aspire to be like this saint?

Please submit your essay to your catechist (*teacher*).