

## Week 2—BEST VERSION OF YOURSELF (PART 1)

Week of 10/18

***“You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind... You shall love your neighbor as yourself.”***

The Readings for Sunday (10/25) remind us that we are the best version of ourselves when we make the right choices to love one another and treat each other with kindness.

**Gather:** Paper-Rock-Scissor

All children know how to play the game paper-rock-scissors! Play a few rounds with your child, or have a family tournament!

**Connect:** Our game was all about choices – some were the right choices (when you won) and some were the wrong choices (when you lost)! God gave us the gift of free will to make choices, but He gives us help (the Holy Spirit, Scripture, the sacraments) to make the right choices.

**Explore:**

- **Year 1 CH. 2** - Catholics gather in church. Even if our churches look different, all Catholic churches have a baptismal font, a tabernacle (look for the red candle), an altar, pews, holy water fonts and an Easter candle. Jesus is with us when we gather in our parish church and when we gather at home. See if you can *I Spy* \* items listed below. In addition to the material in Chapter 2, you can look at pages 262-263 in your book. \**I Spy* items to look for on pages 17-21 Bees, frogs, butterflies, Jesus as a baby, Jesus as a man x2, camels, and how many sheep can you count?
- **Year 2 CH. 2** - One of the greatest blessings is our ability to make choices—God wants us to become a **good decision maker**. As you read the story of Moses, emphasize to your child how God will never give up on his people. He will always give us another chance. The Ten Commandments help us to become the best version of ourselves. Explore the meaning of each of the commandments. Discuss with your child how the Great Commandment encompasses all Ten Commandments. Use the handout found in your packet, **Ten Commandments/Great Commandment** to aid in this explanation. As you discuss the Great Commandment ask your child why God sent Jesus (Episode 3). Ask your child for an example of a behavior or action that matches one or two of the Commandments (For example, I gave Jimmy back his toy airplane. Respect the property of others). Access BLESSED VIDEOS [here](#).
- **3<sup>rd</sup> Grade CH. 2** - Explore the three Sacraments of Christian Initiation (*Baptism, Confirmation & Eucharist*). Through these Sacraments we receive God’s grace (kindness) & love. The Sacraments show that God is with us always through the power of the Holy Spirit.
- **4<sup>th</sup> Grade CH. 2** - God gives us many gifts. We thank God for our blessings by praying & attending Mass. One of the greatest gifts we receive each week is the gift of Jesus through the Eucharist. When we receive the Eucharist we receive God’s love and are renewed to do His will and make the right choices.
- **5<sup>th</sup> Grade CH. 2** - The seven Sacraments are Jesus’ gift to us. Through the sacraments we receive grace—God’s own life—into our soul.

**Reflect:** Matthew 22:34-40. Read and/or explain in your own words this Sunday’s Gospel—*The Great Commandment*. Jesus said the two most important Commandments are to love God with all your heart & to love each other as you love yourself. When we love each other, treat each other with kindness and celebrate the sacraments we are being the best version of ourselves.

**Live It:** God gave us the Commandments, and Jesus gave us the Great Commandment to help guide our choices and remind us that everyone is worthy of honor and respect. At your next family meal, give every family member slips of paper – each person writes “I love you because...” for each of the other family members. Place the papers under the family member’s pillow for them to read before going to sleep!