



## The RITE of RECONCILIATION

**Before arriving for Reconciliation:**

### EXAMINATION OF CONSCIENCE

What are your sins that have hurt God and others?

**When it is your turn, go sit with the priest.**

### GREETING

You make the Sign of the Cross as the Priest says:

*In the name of the Father, and of the Son, and of the Holy Spirit.*

You say: *Amen.*

### CONFESSION

You say: *Bless me Father for I have sinned. This is my first reconciliation. My sins are \_\_\_\_\_.*

### PENANCE

The priest gives you a **Penance**. This will be a prayer like the Hail Mary or the Our Father; or may be an action to help show you feel sorry.

### CONTRITION

Remember for your 1st Reconciliation, we will pray the Act of Contrition as a large group before individual confessions begin.

### ABSOLUTION

The Priest will say the **Prayer of Absolution**:

*God the Father of mercies, through the death and resurrection of his Son, has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sins. Through the ministry of the Church, may God give you pardon and peace, and I absolve you of all your sins, in the name of the Father, and of the Son, and of the Holy Spirit.*

You make the Sign of the Cross and say: *Amen.*

Then, The Priest will say: *Go in peace.*

You say: *Thank you, Father.*

### ACT OF PENANCE

When you leave the priest, return to the pew where your parents are sitting and **pray your PENANCE**.