

Ignite: Be Transformed

(Week of Feb. 7)

Gifts and Fruits of the Holy Spirit

"[The gifts of the Holy Spirit] make the faithful docile in readily obeying divine inspirations."

-CCC 1831



GATHER: Watch the video "[UNFINISHED](#)" and discuss the following:

- Read **1 Corinthians 9:24-27**.
- What is the race we are running that St. Paul describes?
- Why did some of the runners in the video stop and not reach the finish? In our race, why do some believers and faithful Catholics stop and not reach the finish?

CONNECT: The Holy Spirit gives us the things we need to complete the race. Today, Avery will take you through an exploration and explanation of the [Gifts and Fruits of the Holy Spirit](#).

EXPLORE: Main Points to Take Away

- The gifts of the Holy Spirit (WUFF PCK) help us to live as disciples in the world.
- The fruits of the Holy Spirit are the observable "fruit" of the Holy Spirit's work in us.
- Holiness does not just happen to us, it is something that is worked for. For the gifts and fruits of the Spirit to be alive in us, we must exercise them.

Journal: The Gifts and Fruits

Fill in the Gifts of the Holy Spirit on page 9 of your booklet. Answer and discuss the two questions on that page.

Discuss: Refer to page 21 for a full listing of the gifts and fruits as you discuss:

- Which gifts/fruits do you think you are already using in your life? Where & how?
- Do you see these gifts/fruits reflected in others? Who? What do they do that reflect the gifts/fruits?
- Which gifts/fruits are difficult for you?
- What are (real-life) situations that you could use the gifts/fruits?

REFLECT: Open your bibles to **Acts 2:1-12**. Read it aloud together. Read it through a second time, identifying three Gifts or Fruits of the Spirit used by the Apostles. Next to that Gift or Fruit, write how they used it in the context of the story and discuss.

LIVE IT: Sponsor Confirmation Interview

Confirmation Conversation #2 In person, over the phone, facetime or via email, have a conversation with your sponsor (or someone you would like to be your sponsor) about the sacrament of confirmation. Use the guide on page 10 of the booklet.