

Edge: Thou Shall
(Week of Mar. 14)
On The Ten Commandments



This series challenges the youth to look at the Ten Commandments not as a list of all the things they should not do, but rather as a guideline that brings them to live lives of true freedom and happiness. This series introduces the youth to the Ten Commandments as a whole and unpacks the first five of the Ten Commandments.

When God created us, He had a plan and a purpose for all of creation, and He knew exactly what we needed and how we should live in order to live to our fullest potential. The Ten Commandments are a gift from God that show us what we should do so as to live to our fullest potential, according to how we were created.

GATHER: Using the clues below, figure out which Bible verse is the opening for our new Edge series!

- Book: *He was a tax collector before becoming one of Christ's apostles.*
- Chapter: *I don't know about you, but I'm feeling....*
- Verse: *Take 20 off of the special sauce made by Heinz*

CONNECT: Expanding on the verse that you found, we see that Jesus is responding to a question... which commandment is the greatest? What he didn't ask was, why do we even need the commandments? Shelly takes a closer look in [Rules, Rules, Rules](#).

EXPLORE: Main Points to Take Away

- The Ten Commandments came directly from God, not as punishments but as steps toward true freedom.
- Christ and the Church reaffirm that living out the Ten Commandments is the best way to love God, our neighbors, and ourselves.
- Because the Ten Commandments speak to deep moral truths, they can never be outdated or irrelevant.

Discussion from Shelly's Proclaim

House Rules

- Are there rules you were taught once that you no longer need to think about to follow? (ex: looking before crossing the street, don't touch a hot stove, etc.)
- What are some rules you have at home or at school that are helpful?
- Why are they helpful?
- Do those rules teach you something? What?

Journal: Complete and discuss the first two questions on p. 9.

REFLECT

Teach Me Your Ways, O Lord

Read aloud the story of the rich young man from Matthew 19:16-22.

- Was the young man a good person? Why or why not?
- Why did he leave?

While there are some rules or commandments that we follow unconsciously, that doesn't mean that we're done growing, learning, and becoming better people! We would call the young man in this story a good person, but God was calling him to something greater. God gives us our entire lives to grow, learn, and become the best version of ourselves

We are also called to something greater than just following the letter of the Ten Commandments. Look at pages 19 and 20 in the journal. Fill in the bottom of p. 9 with a commandment that you want to follow better and at least one practical idea of how you can do that.

Close in prayer.

LIVE IT

Do whatever it is you wrote!