

Sunday, February 21 - 1st Sunday of Lent

Our Lenten Journey

Mark 1:12-15 Jesus is Tempted

Today, we celebrate the First Sunday of Lent. Lent is a season that prepares our hearts and souls for Holy Week and Easter Sunday. The Word of God helps us on this Lenten journey. God's Word is written in the Holy Bible. We hear four readings from the Bible each week at Mass.

In the Church...

- ✝ The elevated space within the church where the Altar sits is called the Sanctuary. Talk with mom or dad about how the Sanctuary looks different this week.
- ✝ To the left of the Altar is the Ambo where the Word of God is proclaimed.

During Mass...

- ✝ The priests and deacons wore different color vestments today.

What was the color?

- ✝ Before we hear the Gospel, we stand. During Ordinary time, the "Alleluia" is sung. During Lent we say/sing something different. **What did we say/sing before the Gospel?**

- ✝ There are four Gospels in the Bible. Today's Gospel was from the book of Mark. When you go home, look in your family Bible for the Gospels.

Name the other three Gospels:

- ⇒ In today's Gospel, Jesus went into the desert for 40 days, that's how long Lent lasts. Lent is a time to remember God's love for us. **Talk with your mom or dad about some ways you and your family will honor Jesus during Lent (pray, fast, alms giving). Write one way here:**
