

## Sunday, March 14 - 4th Sunday of Lent

### Consecration

John 3: 14-21 God so Loved the World

As part of God's family, we celebrate the gift of Jesus at Mass. During this holy season of Lent, we are reminded even more of the special gift He gave us by going to the cross.

#### **In the Church...**

✝ Before Mass begins, look up at the image of Jesus on the cross. This is a reminder of how much He loves us. Take a minute as you look upon Him to thank Him and tell Him how much you love Him.

#### **During Mass...**

✝ During the Eucharistic prayer, we kneel down. Watch and listen closely. We believe that Jesus becomes fully present in the Eucharist. We don't know how this happens, but we know it does happen. This is the most important part of our Mass! It is called the *Consecration*.

**The priest will lift the host (bread) that has become the Body of Christ. After Mass, write down what sound do you heard when he does this?**

**The priest will also lift the Chalice that holds the Blood of Christ. After Mass, write down what he does right after he puts it back down?**

✝ After the Consecration, the priest says a prayer that begins with "Through Him, With Him and In Him...". **Who do you think "Him" means?**

⇒ The Gospel this week reminds us that God loves us so much that he sent His son Jesus. Jesus reminds us that the good things we do brings light to the world. **At one of your family meals, bring out your Reconciliation candle. as a reminder of Christ's light inside of you. Write down one thing that you can do this week to be a light to others.**

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