

Sunday, March 21 - 5th Sunday of Lent

The Body and Blood of Christ

John 12:20-33 Grain of Wheat

After the Consecration, we prepare ourselves to receive the Body and Blood of Christ. We do this by praying together and asking Jesus to help us.

In the Church

- ✝ The consecrated hosts (Jesus) are kept in the Tabernacle. The Tabernacle resides in the room called the Eucharistic Chapel. Genuflect toward the Tabernacle before you enter your pew. Once in your pew, kneel and say a prayer to Jesus before Mass.
- ✝ The Sanctuary Lamp, is the red lamp or candle that hangs or sits next to the Tabernacle. When the lamp is lit, the True Presence of Jesus in the consecrated hosts is contained within the Tabernacle.

During Mass...

- ✝ After the Consecration, Jesus is present and we say the prayer that He taught us. **What is the prayer called?**

- ✝ The bread and the wine have been changed - but they don't look different, we just know that they are. As we prepare to receive Jesus in the Eucharist, we remember once more His sacrifice for us by praying (**fill in the blanks**):

_____ of _____, you take away the _____ of the world, have _____ on us.

_____ of _____, you take away the _____ of the world, grant us _____.

- ✝ In today's Gospel, Jesus talks about how a grain of wheat can change and produce more wheat. If we believe the Eucharist is Jesus, it can change us for the better every time we receive it. **Talk with mom or dad about how they feel after they receive communion.**