



Catholic Charities  
Diocese of Charlotte

37<sup>th</sup> ANNUAL

# Spring Fling

## Tuesday, May 27, 2025 Catholic Conference Center

1551 TRINITY LANE  
HICKORY, NC 28602

9:00 a.m. — Check-In (Coffee & Snacks)

9:45 a.m. - 2:30 p.m. — Program

2:40 p.m. — Closing Mass

**\$17 per person** (includes lunch)

Checks payable to Catholic Charities

**To register, send your name, address,  
phone number, parish affiliation,  
and payment to:**

Attn: Sandra Breakfield  
Program Director Elder Ministry  
Catholic Charities Diocese of Charlotte  
1123 S. Church Street  
Charlotte, NC 28203-4003

**Deadline for Registration: Monday, May 12  
Space is limited.**

For more information, contact:  
Sandra Breakfield at 704-370-3220  
or email [sandrab@ccdocr.org](mailto:sandrab@ccdocr.org)

### Activities to choose from throughout the day include:

- Bingo  
*Bob & Nancy*
- Crafts  
*led by Marie Durbin*
- Medicare: Making Choices that Could  
Affect Your Out-of-Pocket Costs!  
*presented by Vickie Blevins, Executive Director,  
Catawba County Council on Aging*
- Protect Your Health & Safety —  
What to Do Before, During and After a Disaster  
*presented by Victoria Cross, American Red Cross*
- Healthy Living for Your Brain and Body  
*presented by Denise Young, Alzheimer's Association*
- Catawba Valley Medical Center  
informational tables and presentations
- Western Piedmont Council of Governments,  
Area Agency on Aging
- Plus More

Musical  
performance by  
Brian McCarn –  
One Man Band

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Parish: \_\_\_\_\_ Registration Included: \_\_\_\_\_